

Hinds' Feet
Adventures

Tracks

Winter 2009

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Mission: To break the cycle of recidivism among adult and youth offenders, primarily females, in El Paso County, Colorado, through a program grounded in experiential education, mental health and addictions therapy, and vocational life skills training

Vision: Program participants will be recovering from personal addictions, and mental health issues, prepared to approach life from a holistic perspective, ready to find and maintain a place in the community work force, and restored in their sense of personal dignity.

Hinds' Feet Ministry Reviews 2009

MINISTRY BEGINS: Wow, when I look back over the year, it has been an exciting, eventful, yet challenging year for Hinds' Feet. Officially we started with the Hinds' Feet Kick Off Party that celebrated my 50th birthday and 19 years of Sobriety on October 26th. Wow, that was fun. We had over 30 people there participating in raffles and of course the Auction, which was run by Dana Hagood. What a hoot! We raised over \$700 that day, which allowed us to put into place several programs.

WEEKLY BIBLE STUDIES: Liza's Place is a Gospel Shelter for Women to help with homeless and those who were incarcerated. We began with studying [Hinds' Feet on High Places](#) by Hannah Hurnard, because the story was the inspiration for Hinds' Feet. It was awesome as the ladies were able to lay aside areas in their lives at the feet of Christ, thus allowing Christ to take them to higher grounds. Presently, we are studying "Living The Gospel in Relationships", a curriculum designed by Peacemaker Ministries.

MONTHLY FELLOWSHIPS: At Liza's Place we host special extracurricular activity, such as creative arts where the ladies make jewelry, art projects or holiday cards for family members or themselves, followed by a meal and fellowship with a Sing-A-Long. On two occasions, two of the women were able to have their daughters join them. What a blessing it is to see moms and daughters make something together and to see the smiles that follow. Priceless!

COOKING PROGRAM: For four weeks, two hours per week, Hinds' Feet tested a pilot program with a small group of women at ComCor, Inc., a non-profit community corrections program. Each week we brought in product and supplies to make two to three recipes followed by a time of fellowship and eating together. What an awesome time for all, including the volunteers, who were able to join in and fellowship sharing past memories of preparing and sharing meals together. This was a hands-on experience in which the women and volunteers were able to work together and fellowship. The women practiced basic cooking skills, how to read and follow a recipe, how to use a variety of cooking gadgets, how to cook nutritional meals within twenty minutes, how to shop using coupons, and the importance of sitting down and having a meal together.



THANKS TO OUR VOLUNTEERS

I want to express my sincere thanks to all of you who have assisted with Hinds' Feet Ministries this last year. Without volunteers like you, and there are too many to list, Hinds' Feet would not exist. Just a few names I would like to highlight include, Shirley Kell with the women's' cooking program at ComCor, Debbie Garvin with her community tips and assisting with the Bible Studies at Liza's Place, Kathleen Sheridan with assisting the Sing-a-long at Liza's Place and the DVD presentations, Phillip Sheridan and Larry Rosenstrauch who were the strong arms on the financial side of the business, Innes Sheridan with designing the news letter and beautiful book cases, and of course my mom, Shirley Schmidt. Thanks for everything!

NEW OFFICE OPENS

Great news for December is the opening of our new office located at 1301 S. Eighth St., in Colorado Springs. This space will enable us to serve clients in a variety of ways. Programs offered will include: individual and small group counseling, Life Skills Training, Creative Arts, and Outdoor Activities. We will also strive to create a safe place for people to drop by, read a book, or spend constructive time together watching a DVD with popcorn and hot chocolate. The new office has a large Gathering Room, a small kitchen, a private bathroom, and two small offices.



Volunteer of the Year - Shirley Schmidt

Shirley moved to Colorado Springs from Phoenix, Arizona in 2004 to attend Charis Bible College. Since graduating she volunteers for Northern Churches Care and is on the Prayer team at Springs Community Church.

Without the encouragement, her prayers, her patience, and her participation in everything we do from Arts & Crafts, the Cooking program, the Bible Studies, to Designing Jewelry, I don't think I would be as sane as I am today. Thanks, Mom. I love and appreciate you.

*The Lord God is my strength, and He will make my feet like Hinds' Feet,
and He will make will make me walk upon high places.
Habakkuk 3:19*

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Thank you again for your interest in **Hinds' Feet Adventures**, a Colorado not-for-profit religious, charitable and educational corporation. Hinds' Feet is federally tax-exempt according to section 501(c)(3) of the IRS code.

Contributions to this ministry are tax deductible to the full extent of the law.